



## Module 3.

**Recommended working time:** 3 sessions per week for 30-45 minutes per session.

**Duration:** 2 weeks.

In this module it is time for the students to start developing their own movement language, use their creativity and challenge their knowledge of rhythm.

### Exercises.

1. Divide the students into groups of 3-5 students, and give them a specific stroke, for example 5. The group then has to create movement and sounds to make sure they stay on the counts. For example. two people clap their hands. 1 person takes two steps forward and two backwards and a small jump. Two people do a turn and a clap. They put it together and have a small rhythm based choreography. Let the students choose whether or not they want to show their work.
2. Make sure you mix the groups for your classes so we allow all students to work in different groups, respecting their peers and allowing for acceptance in the classroom.